

Hints For The Home



Tips To Keep Your Home Properly Humidified

(NAPS)—According to the U.S. Environmental Protection Agency, proper humidification is vital to both comfort and health. During cold weather, the ideal level of humidity in the home should be between 25 and 40 percent, compared to less than 60 percent in hot weather. That's because humid air holds more moisture, making you feel warmer. If the humidity levels in the home are less than that, your skin and nasal tissues can become excessively dry, furniture can become damaged and heating efficiency is reduced.

Adding additional moisture to your home can protect your house and its contents while creating a healthy, more comfortable and energy-efficient environment. Fortunately, the heating, ventilating and air-conditioning industry offers a variety of products to increase home humidity and return the moisture it desperately needs.

A whole-house humidifier is a simple solution that can be installed in your home's ductwork. Air heated by your furnace or heat pump picks up moisture as it passes over the humidifier's evaporator pad, which is saturated in water.

The York bypass whole-house humidifier and the powered flow-through humidifier from Johnson Controls use this technology to



Keeping humidity levels in check can create a healthy, more comfortable environment.

deliver air throughout a home. Both are easy to maintain and come with a control device that mounts to a wall or ductwork, allowing you to control your indoor humidity levels.

When a humidifier is paired with a York Affinity modulating gas furnace, homeowners will complement their humidity control with a "total comfort system." By modulating the gas input and the circulating airflow to closely match the amount of heat needed, this furnace delivers maximum performance, comfort and savings.

To learn more about heating systems and how to humidify your home, you can visit www.yorkupg.com or call (800) 910-YORK.